



## From the Principal

Tēna koutou katoa  
Ngā mihi nui ki a koutou

Tihei Mauri ora – kia tau te rangimārie!

As the stars of Matariki phase out and te Mātahi o te Tau begins:

**Waipuna-ā-rangi – Waitī – Waitā – Tupuānuku**

May the waters that flow through us  
bless us; the earth in her bounty  
invite us to share.

**Tupuārangi – Ururangi**

May the storms that engulf us  
serve to gentle and humble us;  
make us wise.

**Pōhutukawa**

May our dead in the heavens,  
precious as light beyond darkness;  
remember and mind us.

**Hiwa-i-te-Rangi**

Stars gathered as sign,  
desire held out and deep;  
may newness of season  
warm us and wake us  
as we pause for rebirth.

**Mānawatia a Matariki – Mauri Ora!**

(adapted, Christine Kelly, 2019)

### UPCOMING DATES

7-11 Aug	Arts Week
11 Aug	Photolife Photos (Sports, Arts, Cultural)
14 Aug	Photolife Photos (Sports, Arts, Cultural)
15 Aug	Feast of the Assumption Mass

### MID YEAR PŌWHIRI

At the start of the term we  
welcomed new students, whānau  
and staff to our kura with a Pōwhiri.

We then gathered together and  
shared some kai in the CAC. A  
lovely way to begin the new Term.



## Our Vision

**Ignite the Passion:** inspiring young women to change the world – me aro ki te hā o Hineahuone!

We live the virtues of Faith, Hope and Justice.

Our charism is expressed through **Communion, Contemplation, Mission.**



# Celebrating our Students

## Mackenzie Gemmell – Year 11

Congratulations to Mackenzie who over the July school holidays competed in the 2023 NZ Gymnastic Champs, and placed 2nd in NZ for individual trampoline.



## Ashleigh van Eyk and Anastasia Tsatsas – Year 9

In more Gymnastics news, Congratulations to Ashleigh and Anastasia who also represented the Waikato at the NZ Gymnastics Nationals. Both girls competed in the artistic division and both girls placed incredibly well with Anastasia coming away with a couple of medals.



## Smokefree Rockquest

Some professional photos are in from the Smokefree Rockquest Finals. *Delirious Daydream* came away with a 3rd Place for the Waikato BOP Region.



## Sarah Healy – Year 12

Congratulations to Sarah, who was one of 12 from 141 applicants chosen to attend Stage One of the Hyundai New Zealand **Pinnacle Programme**. The purpose of this programme is to identify young New Zealanders with potential, develop their skills and nurture them to be this country's next generation of leaders.



## NEW INTERNATIONAL STUDENTS

Eight new international students have joined us for Term 3 and are settling in well with the help of their buddies. We will host more students later in the term.

On Tuesday at lunchtime, as part of Cultural week, our girls demonstrated aspects of their culture via song, dance and musical instruments.



## NOTICE BOARD

### Mission College Fees

All attendance dues are now overdue, unless you have a payment plan in place. Please check your emails for updated statements.

### Attendance Reminder

If your daughter will be absent from school during the day for any reason, please email the Student Coordinator: [absences@shgcham.school.nz](mailto:absences@shgcham.school.nz) or phone the school 856 7874 option 1, giving a reason for her absence. If a student will be absent from school for an extended period of time, whānau must inform Miss Gunn. Please email her PA, Ms Ritchie at [pa@shgcham.school.nz](mailto:pa@shgcham.school.nz) explaining the reason for her absence.

## ALUMNI NEWS NZ U21 ROWING TEAM 2023

So wonderful to see our Alumni excelling in the sports arena. All the best to Emily Gordon, (class of 2021) competing in the Womens Quad and Eight crew and Erin Tickelpenny (class of 2020) competing in the Mixed Reserve Double. They're pictured here with Kylee Corboy (class of 2004) the NZ U21 Assistant Coach. We wish them all the best in the 2023 U21 Pacific Regatta happening at Lake Karapiro this weekend.



Left to Right: Kylee Corboy, Erin Tickelpenny & Emily Gordon



## CCM LEARNING CONVERSATIONS

Student led learning conversations with CCM companions. Companions will be prioritising seeing ākonga and whānau we haven't seen this year.

If this is you, you can expect to receive a phone call from your daughter's CCM companion to invite you along at a mutually agreed time.

The focus of these conversations will be on learning (goals, tracking, transition) and wellbeing.

## LOVES-ME-NOT PROGRAMME

On 19 July, we welcomed 12 police officers to our School, who facilitated a full day programme with our Year 12 students. "Loves-Me-Not" is a 'whole-school approach' to prevent abusive behaviour in relationships. It is based on a student inquiry learning process, where students take action, (personal action, effective bystander action and community action) to prevent harm from relationship abuse. Facilitated annually, it has proven to be measurably effective with past students reporting valuable learning that they have been able to call on as they have navigated life beyond school.

*"An eye opening and highly educational programme that has given me the tools to recognise and prevent abusive behaviour in relationships. Every teenager should do this programme."*

**Year 12 Student, Anon**

*"I learnt many valuable things, about the importance to stand up, and speak out not just for ourselves but for friends and family. The police officers and staff that worked with us were very friendly and supportive. I think the programme was good as I know of people my age who are unknowingly in unhealthy relationships, this programme informs them of these warning signs and offers them the help they need to get out of these situations."* **Year 12 Student, Anon**



## The Arts

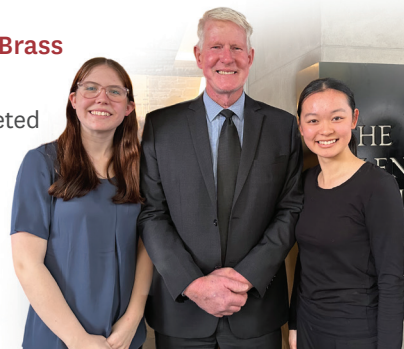
### Chorus Fundraiser – HAIRSPRAY: The Musical

The Manawa Barbershop Chorus are hard at work preparing for the National Contest in September and are also holding a fundraiser. Tickets are being sold for the preview night of Hamilton Music Makers *HAIRSPRAY*. It features 2 of our old girls – Hannah and Sarah Dogherty and the amazing Landy Nanao from TOPA. Adult tickets retail for \$49 plus booking fees but if you come see this magical show with us, you will only pay **\$25 per adult and \$20 per student**. Just email Lynn: [ljamieson@shgcham.school.nz](mailto:ljamieson@shgcham.school.nz) with your seat requests (how many and what sort) and she will forward you the details. Friday September 11, 7.30pm, Riverlea Theatre.



### Students shine at the National Brass Band Competitions in Dunedin

Three Sacred Heart students competed in the New Zealand National Brass Band Competitions in Dunedin in the holidays. Hana Okutomi (International Student) and Sammy Richards performed with the Matamata Brass Band – Sammy on Cornet and Hana on Percussion.



The band was directed by Sammy's father, Glenn Richards (who also leads our school concert band). The band was placed first in their section and the judge commented on Hana's percussion skills. Year 9 student Lizzie Barr competed for the first time in the solo competitions and performed with acclaim. Her father Malcolm plays in Hamilton City Brass and they were placed a proud 4th in the A Grade. Lizzie and Hana also play with Hamilton Auxiliary Brass band and will be competing at regionals soon.



### Instrumental Tuition in the Itinerant scheme

The school offers a wider variety of music lessons – **free of charge**. Students are only required to have a folder or to purchase a music book. These lessons range from \$60 an hour upwards in the community. At present we have a few spare instruments that we can loan to potential players or bring your own! Lessons are during the school day, on a weekly rotation basis. Email Lynn: [ljamieson@shgcham.school.nz](mailto:ljamieson@shgcham.school.nz) in the music department if you're interested in learning any of the following:

- Trumpet
- Trombone
- Clarinet
- Flute
- Alto Saxophone
- Tenor Saxophone
- Violin
- Viola
- Cello

## YEAR 12 & 13 DANCE CAMP – AUCKLAND

### Thursday

Departing Kirikiriroa at 7.30am, our first stop was Wellesley Studios. We worked with contemporary dance choreographer/dancer Tupua Tigafua. Tupua talked about his experiences travelling the world working with Black Grace, The New Zealand Dance Company and Footnote Dance Company. He choreographed a work on our aakonga. Tupua's time and work is in high demand, but he graciously made time for us as he trained at dance school with Miss Arnold. Tupua gifted this work to bring back to Kirikiriroa with us. We spent the afternoon/evening at The University of Auckland, where student ambassadors taught us some Contemporary and Hip Hop dance. Students met with Sarah Knox and Professor Ralph Buck to learn a little bit about the incredible dance studies programmes available. Having danced from 9.30am-5.30pm our aakonga were exhausted...needless to say they were in bed by 8pm!



### Friday

We were back at Wellesley studios bright and early to finish learning Tupua's choreography. Dancing in a professional setting was so inspiring, and we had the New Zealand Dance Company working away in the studio next door...some of them even popped in to watch our aakonga perform! Feeling massively inspired by Tupua and all he had to offer, we said our goodbyes and headed to The Auckland Performing Arts Centre (TAPAC) for the afternoon. At TAPAC, our students worked with Bollywood choreographer Tamzin Naicker. Our aakonga gave their all and trained solidly for 3 hours learning a fast, upbeat bollywood set. Tamzin loved working with our aakonga, she said it was possibly the best class she had taught in her 10 years teaching! Friday night we wandered down from our accommodation to the CBD. Our dancers had done some serious fundraising in order to go out for dinner. We enjoyed dinner together at The Mexican Cafe then another early night in preparation for another day of dance.

### Saturday

We headed to Corbans Estate to where Atamira Dance Company resides. Company dancers Abby and Oli led a workshop, taught repertoire and choreographic skills. Some of our students had studied Atamira the year before for their external exam, so it was such an honour to be working with them in their space. We couldn't have been prouder of our aakonga. They worked so hard and showed up each day, working together in a whaanau-like context. They have returned to Sacred Heart with high quality, specialist and targeted experiences. Our senior dance students have a greater understanding of the viability of dance, not just as a form of creative expression, but as a career. **We are so grateful to First Credit Union for their generous grant that enabled the trip to take place.**

Colette Arnold, Dance Teacher



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Find out more about sponsorship opportunities.

Contact: **Mark McAlley**, Director of Sport Development. T 07 856 7874 ext 2837 or E [mmcalley@shgcham.school.nz](mailto:mmcalley@shgcham.school.nz)